**Peer Counselling at OKM**

We are looking for a few more Peer Counsellors

for the 2019-20 school year.

Who are we looking for?

Students who:

* are in grade 11 or 12.
* are good citizens and try to always do the right thing.
* really care about others and will always stand up for someone to make sure they are treated well and are included.
* believe that everyone should feel like they belong at OKM
* have the confidence to start a conversation with someone they don't know and can make people feel comfortable.
* love to help out with volunteer projects.
* are self-motivated and can work independently.
* are resilient and take good care of their mental health.

What do Peer Counsellors do?

PCs typically work with our new grade 7 students one on one to help them make the transition from elementary to high school. However, next year we will no longer have grade 7s. PCs will work with International Students to help them with their transition to Canada as well as grade 8s who need a little extra assistance.

PCs also help out in the Counselling Centre with various projects, presentations, etc... PCs have a block in the timetable and they are also required to meet as a large group one morning a week for ongoing training.

If this sounds like something you are interested in, please fill out a Peer Counselling application form, hand it in to the Counselling Ctr before Spring Break, and ask two teachers to fill out reference forms for you.